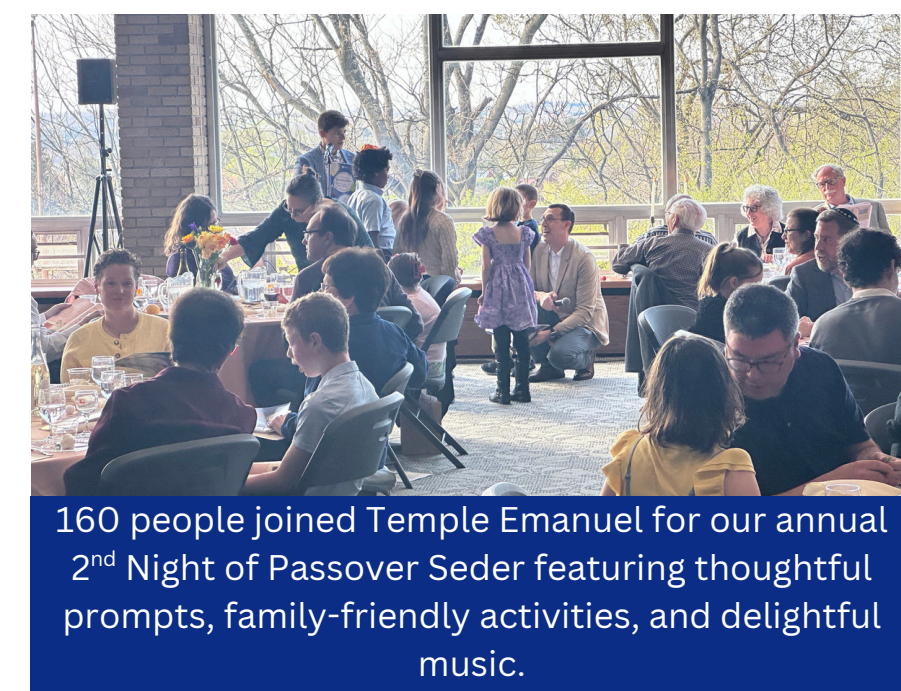




NEWSLETTER

Social Action Update

Supporting Our Community and Beyond in May



We are always collecting non-perishable food donations for SHIM in the boxes beside the stairwell.

Temple Emanuel is once again partnering with the Anti-Defamation League for their *Kulanu: Synagogues in Action Against Antisemitism* program. If you are interested in participating or learning more, please contact [Sarah Mangan](#).

Team Sandwich collects sandwiches every 3rd Tuesday of the month! Contact shommel46@gmail.com to sign-up to bring sandwiches!

- MOST NEEDED ITEMS FOR FREESTORE 15106**
 - Shelf-stable foods like Easy Mac cups and Chef Boyardee
 - Nonperishable Food
 - Deodorant
 - Toothbrushes
 - Toothpaste
 - Lotion
 - Shampoo
 - Conditioner
 - Body Wash
 - Hand Soap
 - Laundry Detergent
- Please bring donations to Temple.

Temple Emanuel’s Annual SHIM 5K

Join us for Temple’s 4th Annual Walk/Run to benefit SHIM on Sunday, May 18th at 10am at the Jefferson Middle School track. We welcome walkers and runners of all ages (Temple members & non-members) for this non-competitive event. Whether you walk a mile or run a 5K (3.1 miles), 100% of your registration fee goes toward supporting SHIM! Please bring non-perishable food donations for SHIM as well.

\$18/person; \$54 family max.

Race day shirts are for sale to benefit 412Thrive.

To register, visit [the website here](#) or print the [5K Run for SHIM Registration Form](#) and return it to the Temple office with your check. Shirt sales close at the end of April!

Team Sandwich

Join us to help provide sandwiches to those facing food insecurity at Bethlehem Haven, Washington City Mission, and Freestore 15106 through our Team Sandwich program.

For 4 years, Temple Emanuel volunteers have donated their time and sandwich supplies to preparing sandwiches, and we need your help! All you need is a loaf of bread, sandwich fillings of your choice, sandwich bags to individually wrap them, and an opportunity to deliver them to Temple on the 3rd Tuesday of the month at 1:00 PM or before!

Please help us feed those facing food insecurity on **Tuesday, May 20th at 1:00 PM**. Email Susie Hommel to let her know you’re planning to donate: shommel46@gmail.com.

Oneg Sponsorships

If you are interested in sponsoring an oneg, please contact Steph McFerron at smcferron@templeemanuelpgh.org to learn more!

Giving2Grow Annual Meeting

The latest figures show there are more than 106,000 children in our area who are food insecure. Imagine not having enough food to feed your kids or sending your kids to school hungry...it is heartbreaking. But what can be done? Giving2Grow is a local giving circle of nearly 130 members who are concerned about this problem. Members pool their contributions to make grants to local organizations that are working hard to alleviate the problem of childhood hunger.

Temple Emanuel is proud to host Giving2Grow’s annual meeting again this year on Monday, May 5th at 7:00 PM. The Temple Emanuel congregation and friends are cordially invited to attend, learn more about Giving2Grow, and hear from this year’s grant recipients about the inspiring work they are doing. You are welcome to come, listen and learn! Please email [Sue Gove](#) if you would like to attend, and with any questions you may have.

Spring Plant Sale - Help Needed!

We need your help! Due to the amazing response from this year’s plant sale fundraiser, we need help sorting plants by order on Tuesday, May 6th starting at 8AM so that the orders will be ready for pick-up by noon.

The greenhouse staff will lift the plants off of the trucks, similar to last year, and I have signs to indicate where all the plants should go, so no knowledge of plants is required! Orders have coversheets this year to make it even easier for volunteers to see what each household ordered. Come dressed to work outside and get in your morning workout of bending and light lifting!

Please let Sarah Mangan know if you are available to help and when that morning.

Want to give back even more? Help us get the Temple Emanuel garden plants in the ground that afternoon or one of the following days that week!