

## NEWSLETTER

Social Action Update

# Volunteer with Temple Emanuel!



Volunteers baked apple cake for seniors in our community for the High Holy Days.

We are always collecting nonperishable food donations for SHIM in the boxes beside the stairwell.

RAC-PA and CeaseFire PA are working together to encourage lawmakers in our state to pass bipartisan, common-sense gun laws. If you'd like to learn more about how Temple Emanuel is engaging in this social justice work, please email Ron Richards.

**Team Sandwich** collects sandwiches every 3rd Tuesday of the month!

Contact <a href="mailto:shommel46@gmail.com">shommel46@gmail.com</a> to sign-up to bring sandwiches!

### MOST NEEDED ITEMS FOR FREESTORE 15106

- Shelf-stable foods like Easy
   Mac cups and Chef Boyardee
- Nonperishable Food
- Deodorant
- Toothbrushes
- Toothpaste
- Lotion
- Shampoo
- Conditioner
- Body Wash
- Hand Soap
- Laundry Detergent

Please bring donations to Temple.

#### Shabbatot of Service

Temple is now offering once-a-month Shabbatot of Service. During this Saturday morning or afternoon program, we will engage with the community and practice the Reform value of Tikkun Olam, repairing the world. Please join us for an opportunity to pray with our feet!

Our next Shabbat of Service will take place on Saturday, October 26th, as we team up with Mt. Lebanon Nature Conservancy for a park cleanup.

More information to come. Questions? Email Cantor Kalix: kjacobson@templeemanuelpgh.org.

We look forward to serving with you!

# SHABBATOT OF SERVICE CALLING ALL VOLUNTEERS! WE NEED YOUR HELP!

Join your Temple Emanuel community for a once-a-month Shabbat of Service. During this Saturday program, we will engage with the community and practice the Reform value of Tikkun Olam, repairing the world. Please join us for an opportunity to pray with our feet!

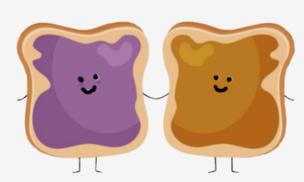
Each month's volunteer activity is different! Check in on our calendar to see how you can get involved!

Questions? Email Cantor Kalix at kjacobson@templeemanuelpgh.org.

#### Want to Learn More?

Are you interested in learning more about upcoming opportunities to volunteer at Temple Emanuel? Email Sarah Mangan, Temple Emanuel's Program and Communications Director, at <a href="mailto:smangan@templeemanuelpgh.org">smangan@templeemanuelpgh.org</a> to learn more about how to get involved at Temple Emanuel of South Hills. We offer many more programs that may be of interest, including a 'Mahj for a Cause' event coming up in November to raise money for Temple Emanuel's Giving Tuesday campaign!

Team Sandwich
Every 3rd Tuesday
1:00 PM



Every month for 3 years, Temple Emanuel volunteers have donated their time and sandwich supplies to prepare sandwiches for our South Hills neighbors facing food insecurity.

Want to be part of the effort? All you need is a loaf of bread or two, sandwich fillings of your choice, and an email to Susie Hommel to let her know you're planning to donate: shommel46@gmail.com.

#### High Holiday Food Drive

Temple Emanuel is proud to host our annual High Holiday food drive for SHIM and FreeStore 15106 again this year. The South Hills Interfaith Movement is dedicated to reducing the devastating effects of poverty among the working poor, unemployed, senior citizens, refugees, and all who are struggling.

SHIM mobilizes community resources and implements sustainable programs that compassionately help our neighbors in need, with three South Hills food pantries, seasonally-appropriate clothing, and utility obligations.

A donation of canned goods and non-perishable foods is a large part of Temple Emanuel's observance of the High Holy Days and will continue in 5785 with renewed urgency.

Most needed items for SHIM's food pantries include: Dried beans and lentils; Rice; Pasta sauce in jars; Cereal and oatmeal; Soup (especially low sodium); Adult diapers, especially L and XL; Diapers sizes 3–6; Baby food; Dog food; Personal care items (shampoo, toothbrushes, toothpaste, deodorant, feminine items, etc.)

Please drop off your donations at Temple between Rosh Hashanah and November 8th.