



NEWSLETTER

Social Action Update

UPCOMING EVENTS

“Run to do a Mitzvah!”

Garden Volunteers Needed

Friday, May 10, 2024, 10:00 AM

Help us prepare our courtyard gardens for spring planting by weeding and cleaning up the gardens! Please bring your own water to stay hydrated while you work, as well as any digging and cutting tools that may be helpful in weeding, pruning, and cutting hedges. Please let [Sarah](#) know if you can join us!

Plant Sale Pickup

Tuesday, May 14th at noon

Wednesday, May 15th all day

Volunteers Needed: May 14th at 9:00 AM

Temple Emanuel’s 3rd Annual 5K Walk/Run to Benefit SHIM

Sunday, May 19, 2024, from 10:00 to Noon

Join us for Temple’s 3rd Annual Walk/Run to benefit SHIM. We welcome walkers and runners of all ages (Temple members & non-members) for this non-competitive event. 100% of your registration fee goes toward supporting SHIM! \$18/person; \$54 family max. To pre-register, visit [the website here](#).

Cooking Class at the Turkish Cultural Center Building

Saturday, May 25, 2024, 5:00 PM

We are so excited to continue our interfaith collaborations with the Turkish Cultural Center through an upcoming cooking class, open to anyone! Volunteers from Temple Emanuel will teach participants how to make challah and volunteers from the Turkish Cultural Center will teach participants how to make cig borek!

We will enjoy Turkish coffee and Turkish delight alongside our culinary creations and continue to build relationships within our communities. The cost to join as a participant is \$25. [Register to join and learn here!](#)

If you are interested in being one of our Temple Emanuel volunteers to help us make the challah, please email [Sarah Mangan!](#)

Run to Support SHIM

Temple Emanuel is proud to host our third annual 5K walk/run to benefit South Hills Interfaith Movement (SHIM) on Sunday, May 19th from 10:00 AM to noon.

100% of our proceeds from registration will be donated to SHIM, and all proceeds from the sales of our race day shirts will support 412Thrive.

We will also be collecting non-perishable food items to donate to SHIM, so whether or not you are able to run with us the morning of the 19th, you can support SHIM through a donation in the boxes by the stairwell.

Thank you to everyone who has signed up to run so far and who purchased a race day shirt!

You can still sign up to join us by visiting the website at www.templeemanuelpgh.org/event/shim5k2024/

Pittsburgh Cure Sarcoma Annual Run/Walk 2024

The Pittsburgh Cure Sarcoma Annual Run/Walk will be held at the North Park Boathouse on June 22nd at 9:00 AM. Attendees at the park have a choice of timed running or walking. Runners will be timed by Runner's High on a 5K course. Walkers can choose between the 5K or a 1 mile course where jogging strollers and leashed pets are welcome. Virtual attendees participating from their local communities can run, walk, dance, sing, read, sleep--the options are endless! Entertainment will include timing, kids activities, bounce house, team areas, basket raffle, DJ, etc, and it's only \$30 to register until June 14th.

If you are interested in participating, you can join Joan Rothaus' family's team: [Never Mind the Bollocks Let's Cure Sarcoma](#). This cause is important to the Rothaus family, as Rod Rothaus is a survivor of Ewing Sarcoma. You can learn more about Rod's story [here!](#)

New Temple Emanuel shirt designs for summer are live in our [online shop!](#)

All proceeds benefit Temple Emanuel!



Thank you to our Team Sandwich volunteers! Hoover Elementary School's 5th Grade class helped out in April and filled our delivery cars!

We are always collecting non-perishable food donations for SHIM in the boxes beside the stairwell.

RAC-PA and CeaseFire PA are working together to encourage lawmakers in our state to pass bipartisan, common-sense gun laws. If you'd like to learn more about how Temple Emanuel is engaging in this social justice work, please email [Ron Richards](mailto:Ron.Richards@templeemanuelpgh.org).

Team Sandwich collects sandwiches every 3rd Tuesday of the month! Contact shommel46@gmail.com to sign-up to bring sandwiches!

MOST NEEDED ITEMS FOR FREESTORE 15106

- Shelf-stable foods like Easy Mac cups and Chef Boyardee
- Nonperishable Food
- Deodorant
- Toothbrushes
- Toothpaste
- Lotion
- Shampoo
- Conditioner
- Body Wash
- Hand Soap
- Laundry Detergent

Please bring donations to Temple.