

LIVING LEARNING LEADING JUDAISM

NEWSLETTER Social Action Update

Welcoming our Cantor

UPCOMING EVENTS

Wine Tasting Kulanu: Wine in the Sukkah Thursday, October 5, 2023, at 7:00 pm

Join the Wine Tasting Kulanu group to enjoy a variety of Chairman's Selection wines and hors d'oeuvres in the sukkah. Cost to participate is \$22 per person. RSVP to Rich Wellins at rwellins2@gmail.com.

MOTE+ Steelers Game and Sukkah Disassembly Sunday, October 8, 2023, at 12:30 pm

Join us in the library to watch the Steelers take on the Ravens. Bring your favorite dairy game day snack to share. After the game, stay to help us disassemble the sukkah! Let Sarah know if you can come!

Advance Care Planning Using The Five Wishes Workshop

Thursday, October 12, 2023, at 7:00 pm and
Thursday, October 19, 2023, at 7:00 pm in the
Community Room

Thinking through your advance care options can be daunting. The Five Wishes booklet aims to help take some of the stress from this necessary process and has been the nation's only national advance care planning program for more than 25 years.

Join Rabbi Aaron Meyer and licensed professional counselor Noah Potvin to learn more about advanced care medical planning from a healthcare and Jewish perspective. Participants of this two part workshop will receive a Five Wishes booklet to complete as part of this workshop experience.

The cost to participate is \$5. Please contact Sarah Mangan to sign-up.

Learn More About A Plant-Based Lifestyle Sunday, October 15, 2023, at 2:00 pm

Join us in the Social Hall as we learn from Sally Lipsky and Naomi Herman about The Basics of a Plant-Based Diet.

Let us know if you plan to join!

Welcoming Cantor Kalix

I am personally so thankful for such meaningful High Holiday services, not only as a staff person at Temple Emanuel, but also as a member of this spiritual community. One major addition that made these holidays even more special was our new Cantor, Cantor Kalix Jacobson.

We are so excited to officially welcome them to our community during their installation weekend, starting on Friday, October 20th and ending with a concert in the evening of Saturday, October 21st.

We hope that as many Temple Emanuel community members as possible will have an opportunity to celebrate Cantor Kalix during that weekend. To learn more about the Friday and Saturday evening events, to RSVP, and to be recognized as a sponsor, please visit the website. Please **RSVP by Monday, October 9th**.

As this is the Social Action Newsletter, I'd like to highlight the social action piece of this upcoming weekend. We are excited to work with the Mt. Lebanon Nature Conservancy again to work on an environmental social action task. We will meet in Bird Park to help remove invasive plants from around the trails and creek beds.

Join us the morning of Saturday, October 21st at 10:30 am in Bird Park. If you are able to join us, please plan to bring gloves and dress appropriately.

We hope you join us! If you have any questions about Cantor Kalix's installation weekend or the social action piece specifically, please feel free to reach out to the Temple Emanuel office or Sarah Mangan to learn more!



Thank you to this amazing team of volunteers from our Men+ of Temple Emanuel group for building our sukkah in record time!

We are always collecting non-perishable food donations for SHIM in the boxes beside the stairwell.

SHIM is NOT accepting clothing donations until their closet renovation is complete.

Team Sandwich collects sandwiches every 3rd Tuesday of the month! Contact shommel46@gmail.com to sign-up to bring sandwiches!

MOST NEEDED ITEMS FOR FREESTORE 15106

- Deodorant
- Toothbrushes
- Toothpaste
- Lotion
- Shampoo
- Conditioner
- Body Wash
- Hand Soap
- Laundry Detergent
- Nonperishable Food

Please bring donations to Temple Emanuel.